

# 9 Ways To Get What You Want Out Of Life

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Studies show being able to stick with something and persevere at it will make a greater contribution to your success than having a high IQ.

To get what you want out of life and achieve your goals you need to persevere and keep your long term goals in mind. Here's how:

## 1. **Set your goal and focus on it 100%**

First you need to work out what you really want to get out of life. Think about your dreams, set goals and start working towards them.

## 2. **Be ambitious and believe in yourself**

Don't worry about the competition, be confident in your own abilities. If you want something enough and believe you can achieve it you will find a niche for yourself.

## 3. **Stay focused for years to achieve your dreams**

We all know that success doesn't happen overnight, but by working towards the same goal consistently over a long period of time you will succeed in the end. If you get bored, distracted or tired and stop focusing on your goal it won't happen. Stick with it.

## 4. **Be prepared to work hard**

It's fun to dream that we'll win the lottery or that an agent will discover us at the airport and propel us to instant success but fantasies don't get you anywhere. People who are called "an overnight success" always deny it and say they spent many long years practising their art and networking in their field before becoming well known. If you want to achieve your dreams you'll have to work hard too.

## 5. **Know your weaknesses and overcome them**

If you're easily distracted you'll have to focus hard on your long term goals. If you're sensitive you'll need to learn not to take setbacks personally. If you're not ambitious you'll lack the drive to follow through on your intentions. Work out what your weaknesses are so you're ready to overcome them when they threaten to interfere with your dreams.



## 6. **Learn from your mistakes**

Don't be discouraged by setbacks, learn a lesson and get back to your goal. Setbacks are a normal part of the process. Moan about them for a few minutes or allow yourself to feel angry, annoyed or upset briefly, then channel that emotion into getting on with achieving your goal. It takes practice to stop taking setbacks personally but getting over them is vital.

## 7. **Finish your projects**

Starting new projects is good but finishing them is better. You need closure so you can move on from one job to another. Don't get stuck in a cycle of starting new things and not finishing them.

## 8. **Congratulate yourself on your successes**

Stay motivated by recognising each success. Because your dreams are long term you need to acknowledge each small goal you achieve. To stay motivated hook up with like-minded people and harness the power of co-motivation.

## 9. **Look forward to having achieved your goals**

Can you imagine what it will be like when you've achieved your goals and are living your dream? Start thinking about it now you know you're going to get there through your own hard work, not because a fairy god-mother waved her wand and made your wishes come true. It feels great knowing you'll get there through your own determination and hard work.